



# HOPE Network

## North-East Victoria

### *Workshop Descriptions*

*2018 North-East HOPE Conference*

*7<sup>th</sup> of September*

*Yarrawonga Mulwala Golf Club Resort*

# Session 1

## Outdoor Ed

Chris O'Neill

### **Improve your results through engaging learning activities**

Through 10 years of teaching VCE Outdoor and Environmental Studies I have developed a number of engaging activities in all areas of the study. This session will share these activities and focus on how this approach has helped some of my students receive study scores above 45, with a perfect score of 50 achieved in 2017. This is an opportunity to share and build networks that will help all our students achieve success. It will also be fun.

## Health

Dan Cocker

### **The Chin up Project**

The Chin Up project workshops offer primary prevention tools to young people. Young people are able to navigate their emotions while considering a number of topics including identity, violence, relationships, Decision making, communication, resilience, effective bystanders and cycles. Focusing on the beauty of real relationships with morality, is an incredibly powerful platform on which to engage young people

## Secondary PE

Airlie Tudhope

### **PE made easy**

Explore the range of products and activities from PE made Easy and find out how they can fire up your PE classes, save you time and have your students begging for more!

## Primary PE

Matt Dillon and Cathryn Gordon

### **Blue Earth**

Movement is vital for life, it develops our sense of self, builds confidence, improves resilience and cognition and reduces our risk of disease. Being active is part of life – we are designed to move. Let Matt guide you through a range of activities that will engage all your class in a non-threatening and mindful way.

## Respectful Relationships

Kristy Lang

### **Teaching about the Prevention of Gender Based Violence and Gender Equity (Topic 7 & 8)**

This workshop offers you an overview of the Respectful Relationship Initiative, teaching and learning materials and a chance to participate in some of the more challenging lessons, primary and secondary, on this topic from the Department's resource, and teach you how to handle them in your classroom. An inclusive workshop designed to build your confidence to navigate this tricky new party of the curriculum. Practical tips, skills and advice from someone who has been teaching it

for 9 years.

## Session 2

### Outdoor Ed

Presenter TBC

#### Looking at the new study design

Great chance to network and unpack the new study design including looking at great ideas around journals.

### Health

Dan Cocker

#### The Chin up Project

The Chin Up project workshops offer primary prevention tools to young people. Young people are able to navigate their emotions while considering a number of topics including identity, violence, relationships, Decision making, communication, resilience, effective bystanders and cycles. Focusing on the beauty of real relationships with morality, is an incredibly powerful platform on which to engage young people

### Secondary PE

Dale Sidebottom

#### Energetic Education Secondary Focus

Dale Sidebottom is the founder of Energetic Education. Dale has been referred to as the energiser bunny of the teaching world. He is also the owner of Fitness Games Zone and Bottoms Up Fitness, where he has changed the way fitness is conducted in school settings around the world. Breakappz is also another of Dales businesses where he has created over 35 mobile applications for teachers. Dale's latest project is Learning with Games. This platform provides game mechanics in the classroom to get buy in and excitement from students and can be applied to any subject being taught

### Primary PE

Rachael Jefferson –Buchanan

FMS

Rachael has an international reputation in human movement, physical education and dance. She is currently a respected lecturer at Charles Sturt University. Rachael has had a long research focus on developing fundamental motor skills in young people. She would love to share her knowledge and wisdom in this fantastic play-based hands on work shop.

### Respectful Relationships

Jenny Walsh

#### Respectful relationships

Have our primary school programs kept up-to-date with children's sexuality education needs? What are the challenges schools and families are facing and how do we address them? How do schools juggle fear of conservative backlash with children's needs, curriculum priorities and new Child Safe Standards for the prevention of child sex abuse? A year-by-year overview from K to 6 of new and familiar SRE priorities and how to teach them.

## Session 3

### Outdoor Ed

Jordan Wakeling  
**Bike Education Session**

This will be a great hands on session to develop your knowledge of bike education  
*\*90 minute workshop. Session 3 & 4*

### Health

Jenny Walsh  
**Sexuality Education**

How to teach a (fun) sexual ethics framework and address young people's big questions about love, romance, getting to know someone, consent, friendship, porn, breaking up, digital dramas, and good sex. Here's what others have to say about the program:  
• 'Australia is leading the way in bringing sex education into the 21st century' (Marie Claire UK 2016) • 'Australia has always been leagues ahead of the United States' (www.bustle.com 2016)

### Secondary PE

Brett Harvey  
**Get the bounce back into Basketball**

Brett is a highly decorated coach and player with a wealth of knowledge and experience.  
This will be a hands on session aimed at supporting PE Staff with developing Basketball in their schools both from a drill and organisational viewpoint and a Strategy and tactic view point. Ideal for junior coaches and teachers of Year 5 -12 Basketball.  
*\*90 minute workshop. Session 3 & 4*

### Primary PE

Dale Sidebottom  
**Energetic Education Primary Focus**

Dale Sidebottom is the founder of Energetic Education. Dale has been referred to as the energiser bunny of the teaching world. He is also the owner of [Fitness Games Zone](#) and [Bottoms Up Fitness](#), where he has changed the way fitness is conducted in school settings around the world. [Breakappz](#) is also another of Dales businesses where he has created over 35 mobile applications for teachers. Dale's latest project is [Learning with Games](#). This platform provides game mechanics in the classroom to get buy in and excitement from students and can be applied to any subject being taught.

### Respectful Relationships

Kristy Lang  
**Respectful Relationships: Reflections**

Reflections from teachers and schools in the field – how to overcome school specific fears and concerns around the content of topic 7 & 8. What to expect from students, parents and colleagues.

## Session 4

### Outdoor Ed

Jordan Wakeling

**Bike Education session continues**

*\*90 minute workshop. Session 3 & 4*

### Health

Karen Rennie

**Build your resources: Units 1-4 VCEPE**

You know that “Physeders” are social animals willing to network and share resources. Well here is our chance to prove it. Participants need to bring with them one or more resources/learning activities that are examples of excellence for learning the content of the New PE study design. They will walk away with much more.

This session will be facilitated by an extremely talented and experienced VCE teacher, Karen Rennie.

### Secondary PE

Brett Harvey

**Get the bounce back into basketball continues**

*\*90 minute workshop. Session 3 & 4*

### Primary PE

Brett Gilbee

**PE Investigations. (PEI)**

Taking PE and Health into the 21<sup>st</sup> Century. A new, innovative, student driven, holistic approach to teaching and exploring Physical Education. You supply the equipment and then allow your students to plan it, use it, explain it, reflect upon it and improve it. PEI allows all students to maximise their time, effort and self-satisfaction.

### Respectful Relationships

Kristy Lang

**Respectful Relationships**

**Teaching about the Prevention of Gender Based Violence and Gender Equity (Topic 7 & 8)**

Teaching about the **Prevention of Gender Based Violence and Gender Equity (Topic 7 & 8)** is part of the new Respectful Relationships Curriculum. This workshop offers you an overview of the Respectful Relationship Initiative in relation to a whole school approach (Assembly, school camps, yard duty, sports days, other KLA’s and their choice of teaching resources). Specifically focusing on further development of a gender lens and how gendered language affects the kids we teach.